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INCIDENCE OF HYPOTHYROIDISM IN PATIENTS TREATED FOR HEAD AND NECK CANCER BY CONVENTIONAL RADIOTHERAPY

R. Lewensohn (1,2), G. Lundell(1) and M. Sventelius(1)
(1) Radiumhemmet, Karolinska Hospital and (2) National Institute of Radiation Protection, Stockholm, Sweden

The incidence of hypothyroidism (HT) following conventional radiotherapy (RT) of 100 patients with head and neck cancers was evaluated in a prospective study for the period Nov. 1990 to June 1992. Tumor locations: epipharynx (4), oropharynx (24), oral (27), hypopharynx (7), larynx (20), parotid (7), skin cancer (5), metastases without primary (6). Mean was 63 years (range 20-86), 76% men. RT given: 2 Gy daily fractions up to total tumor dose of 64 Gy. Mean CRE value 18.2. Median followup time 10 months (range 0.9-25). Radiation dose to the thyroid was based on the dose plan. Time to development of HT was calculated from start of RT. HT was defined as combination of increased S-TSH and decreased S-T4 levels. The probability for HT at 18 months posttreatment was 24% (Kaplan-Meier). This risk was 27% for patients receiving full dose to the thyroid gland and 16% for those with less than full dose. This difference was not statistically significant. No difference in the incidence of HT was seen when patients treated with RT only were compared to those treated by combined RT and surgery (mostly neck dissection/laryngectomy).

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RADIATION FIELD RECONSTRUCTION POSTFACTUM: VALUE OF THE WHOLE-BODY BONE MARROW SCINTIGRAPHY.

P. De Meyere\*, J. Roland\*\*, J. Servais\*, J. Vandevivere\*\*, <u>P. Scalliet</u>\*.

AZ Middelheim, Dpt. Radiotherapy\* and Nuclear Medicine\*\* B-2020 Antwerp.

The development of bone metastasis some time after the treatment of a primary may request repeated irradiations. Field overlaping is easy to avoid unless patients have been first irradiated elsewhere or a long time ago (before simulation was available). The possibility to retrospectively reconstruct previous radiation fields assumes particular importance when the vertebral column is involved since the spinal cord does not tolerate reirradiation. Because ionizing radiations cause bone marrow

depression even at moderate doses, we tested the possibility to reconstruct irradiation fields from a bone marrow scintigraphy.

Nineteen irradiation fields have been tested in 10 patients irradiated from 14 years to 4 weeks before scintigraphy in which sufficient data were available to identify field margins with precision. The scintigraphy was obtained 3 hours after the IV injection of Tc-99m labelled monoclonal antigranulocytic and antimyclocitic antibodies (BW 250/183). The planar acquisitions were performed on a dual headed gamma camera equipped with high resolution collimators

Areas in which bone marrow was absent at the scintigraphy matched exactly the previous radiation fields in 16 and not in 3. Reason for failure were: [1] possibility of field alignment error in an obsese patient (the bone marrow adjacent to the simulated field was depressed), [2] possible bone marrow regrowth 14 years after irradiation and [3] decreased bone marrow activity in a 74 years old patient. Bone marrow scintigraphy seems to be a powerful tool for the retrospective reconstruction of irradiated (bone marrow containing) body regions.

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AN IRIDIUM APPLICATOR FOR VAGINAL VAULT BRACHY-THERAPY Töre G, Aslay I, Dinger M, Kemikler G, Istanbul Univ., Oncology Institute, Türkiye

A new disposable gymecologic applicator designed for postoperative vaginal vault brachytherapy is presented. The applicator is after-loadable manually by iridium 192 wire. Designed chiefly by Dr.G.T., this applicator has several advantages: (1) There is no need to install expensive and complicated equipment; (2) Sterile applicators come in ready-to-use packages; (3) Applicator is easily carried by patients; (4) There is no need for specific training in order to use this system; (5) There is no need for general amesthesia during the application; (6) Patient doesn't have to be immobilised during treatment; (7) There is no need for urinary catheterisation; (8) Dose distribution at the target volume is homogenous; (9) Radiation doses received by urinary bladder and rectum are well below the tolerance levels; (10) There is no need for expensive radioprotection measures for iridium applications.

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APPLICATION OF LQ MODEL ON OUR CRANIOPHARYNGIOMA PATIENTS GÜRKAYNAK M., ÖZYAR E., ZORLU F., AKYOL F., ATAHAN 1.L. HACETTEPE UNIVERSITY, RADIATION ONCOLOGY DEPT. ANKARA, TURKEY Twelve female, 11 male, a total of 23 patients with the diagnosis craniopharyngioma were treated by external radiotherapy between 1976 and 1988. Their age ranged between 4 - 57 (Median 14). The surgical intervention preceeding radiotherapy was in the form of biopsy and cyst aspiration in 3, subtotal excision in 20 patients. All patients were treated by radiotherapy using a Cobalt-60 teletherapy unit. Total tumour doses of 40.60 - 60.00 Gy with a mean of 54.7 Gy were delivered in 25-40 fractions with 1.40-1.80 Gy/fraction over 42-86 days. Isoeffective dose calculations were made using L-Q formula. Biologic Equivalent Doses (BED) were calculated for TUMORS (Gy-10) and LATE RESPONDING TISSUES (Gy-2). BEDs for tumors ranged 28.32 Gy-10 to 60.01 Gy-10 (Median 49.15 Gy-10). Local recurrence developed in 6 patients (% 26) and three of them died and the TUMOR BED was below 50.00 Gy-10 in 5 of them. It is of interest that the overall treatment time in all patients with local relaps is more than 49 days. Total tumor doses of 50.00 Gy-10 seems to be adequate for local control and it is our conclusion that fraction size of less than 1.75 Gy and prolonged overall time have an adverse effect on prognosis.

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EFFECT OF HYPERTHERMIA COMBINED WITH RADIATION ON REFRACTORY TUMORS. PRELIMINARY DATA.

FACCHINI G., MUTO P.°, TORTORIELLO A., RAVO V.°, DE SANTIS M.\*, VALLEFUOCO V.\*, IAFFAIOLI R.V.^

Oncologia Medica II Facoltà di Napoli, "Il Radiologia II Facoltà di Napoli, "Oncologia Clinica Università di Cagliari, "Chirurgia Generale Ospedale Incurabili di Napoli.

25 patients (pts) with refractory or recurrent neoplasia received an hyperthermia-radiotherapy combined treatment from Juanuary 1991 to June 1992. 23/25 pts had lymph-nodal or soft-tissues localizations from different types of solid tumors. 1/25 pt had liver metastases from biliary-fract cancer and the last one brain metastases from lung cancer. All patients received hyperthermia twice a week 15 minutes after irradiation for a total of 10 courses. The temperature was measured via 4 optical fibers and considered therapeutic when 3/4 achieved the optimal thermal dose (42.5 °C). Local hyperthermia was performed by capacitive type apparatus using a radio-frequency wave of 13.56 Mhz under the maximum power of 500 W. There were no severe complications of heating: burn and fat induration have been noted in approximately 15 % of pts. 18/24 evaluable pts achieved a clinical objective response for an overall response rate of 75 %. In 3 pts (12.5%) a complete local regression of the tumor was observed. All of them had larger then 4 cm lesions, interestingly all pts showing less then 1 cm lesions did not respond to treatment, it is likely that the good vascolarization of the small tumor causes heat-loss and avoides to reach an optimal temperature in the tumor core.

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THE PLACE OF BRACHYTHERAPY IN LIP CANCER Aslay I, Tore G, Aldemir O, Ösbay İ, Dinger M, Kizir A, Kurul S.
Istanbul Univ., Oncology Institute, Türkiye.

From 1988 through 1992, 22 lip cancer cases were treated with interstitial iridium 192 wires 7 of these had postoperative interstitial applications either after failing (2 pts) or for tumor positive margins (4 pts) or for unknown resection margines (one pt). 15 were treated primarily by brachytherapy without surgery. Only 5 pts had a combination of external and interstitial irradiation, and 17 had interstitial therapy only. 55% had T1, 31% T2, 5% T3, and 9% had a recurrent tumor; 91% were NO before commencement of radiotherapy. Total brachytherapy dose was 60-75 Gy if applied as the sole model of irradiation, or 25-30 Gy if applied after external radiotherapy. 16 pts were followed for at least one year; of these 2 had recurrence at the margin of the target radiotherapy volume. The cosmetic result was either excellent or good in cases treated by definitive brachytherapy. 6% had no complications or complaints due to brachy therapy. The results show that brachytherapy is an alternative treatment to surgery in lip cancer.